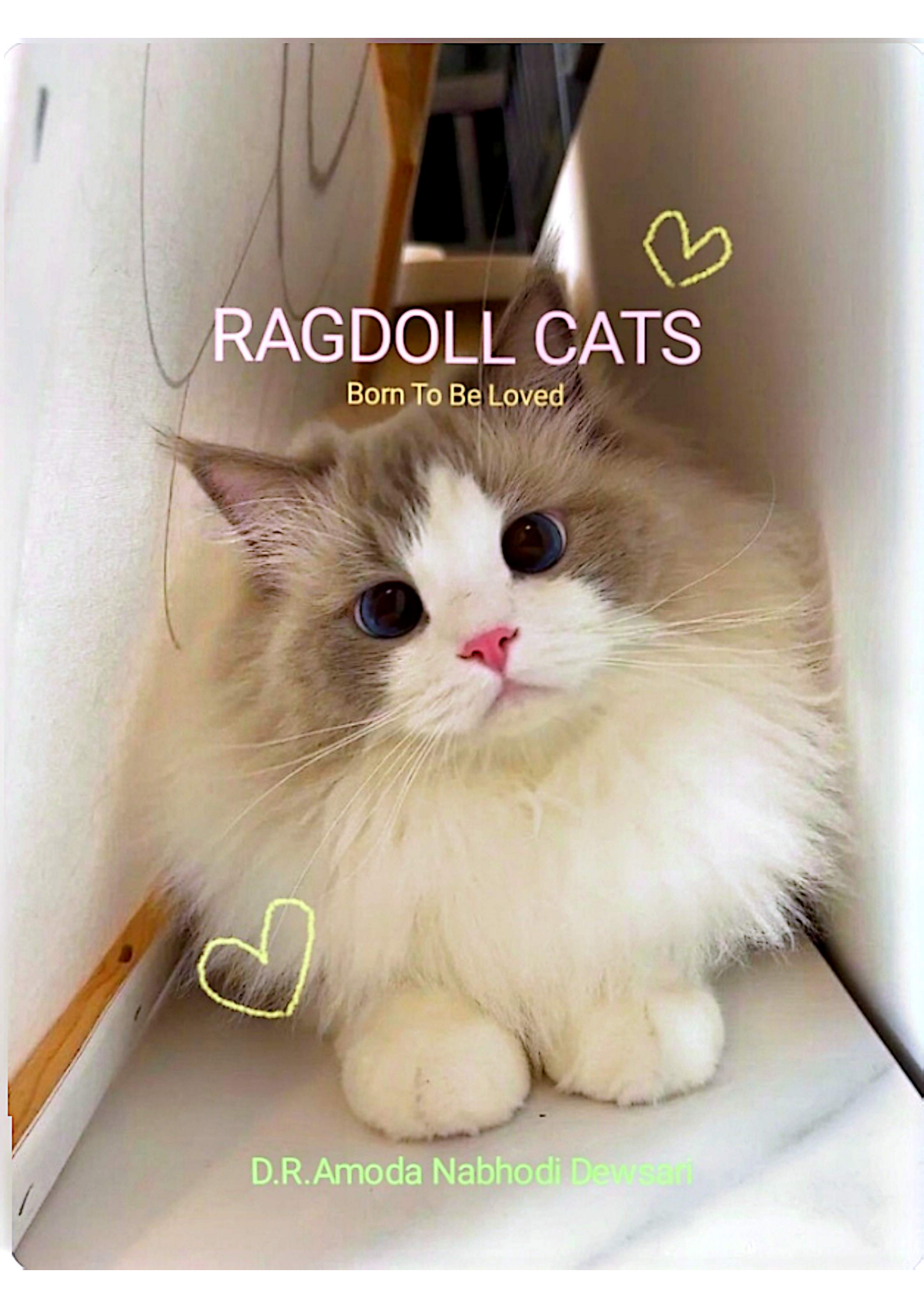




RAGDOLL CATS

Born To Be Loved

D.R.Amoda Nabhodi Dewhari

Ragdoll Cats



D.R.Amoda Nabhodi Dewsari

Author's other publications

The black doorway, my little doll

Mahamaya Girls' College Kandy

Class 9F

15.04.2026



Foreword

In an increasingly complex global future, the 'Hemamala Upahara ' book project, led by Mahamaya Girls' College, stands as a turning point in girls' education. Over a decade, it has successfully nurtured thousands of children to become young authors.

This year, by collaborating with other schools, we aimed to provide students with a wealth of new experiences. The goal was to develop multifaceted skills, including communication, values, and creative growth. As a result, children have written books that pay tribute to princess Hemamala, who brought the Sacred Tooth Relic. The supreme symbol of buddhist world - to the hill country (Kandy).

I extend my gratitude to everyone involved, including the students who contributed their creativity and the teachers who guided them.

Shashikala Senadheera

Principal

Mahamaya Girls ' college

Congratulatory Message

It is a great honor for me, as the Governor of the Central Province, to send a congratulatory message for the launch of the books created through the Hemamala Tribute Book Creation Project initiated by Mahamaya Girls' College, Kandy.

Education is the fundamental foundation for the progress of society, and it is further strengthened through books and literary creations. It is clearly commendable that students' talents, creativity, and intellectual abilities are emerging through projects such as this.

I believe that this book creation project will provide valuable knowledge and a precious literary contribution not only to the students but to the entire society. Furthermore, I hope that through such efforts, future writers who will bring pride to Sri Lanka will emerge.

I extend my heartfelt appreciation and blessings to the Principal, the academic staff, the students, and everyone involved who dedicated themselves to this successful endeavor. I wish this project and the book launch ceremony great success.

Sarath B.S. Abeykoon

Governor, Central Province

Emeritus Professor, University of Peradeniya

2026-05-10

Congratulatory Message

I highly appreciate the noble and outstanding effort of the Principal and the academic staff of Mahamaya Girls' College, Kandy, the student daughters, the students of other participating schools, and everyone who dedicated themselves to plan and implement this book publication project. The project was organized under the leadership of Mahamaya Girls' College, Kandy, with the participation of other schools in the Kandy Zone, with the aim of encouraging children toward book creation within the current school system, as a tribute to Hemamala Kumariya who brought the Sacred Tooth Relic to Sri Lanka.

For several decades, Sri Lanka has been committed to providing free, compulsory, quality, and equitable education to all children, thereby producing a future generation of intelligent and skilled citizens. In such a context, this book creation program for school children helps develop creative ability, critical thinking, and other positive qualities for a balanced and well-rounded personality, and contributes to building a future knowledge-based society.

May all activities of the Hemamala Tribute Book Creation Project be successful through the blessings of the Sacred Tooth Relic.

Pradeep Nilanga Dela

Diyawadana Nilame,

Sri Dalada Maligawa.

2026.05.10.

CONTENT

1. Introduction
2. History
3. Physical Appearance
4. Personality & Temperament
5. Behavior
6. Care & Grooming Needs
7. Diet & Nutrition
8. Health & Lifespan
9. As Family Pets
10. Conclusion & Importance



CHAPTER

Introduction To The Ragdoll Cat Breed

The Ragdoll cat is a large , gentle and affectionate breed known for its calm nature and striking blue eyes. This breed gets its name from its unique habits of relaxing completely when picked up, much like a ragdoll toy. Ragdolls are popular pets around the world because of their friendly personality and beautiful appearance. They are considered one of the most loving cat breeds and enjoy spending time with humans. Unlike many independent cats, Ragdolls prefer human company and often follow their owners around the house. Their soft, silky fur and peaceful behavior make the ideal companions for families , children and even elderly people. Overall the Ragdoll is a perfect example for a gentle and loyal domestic cat.



CHAPTER 2

History & Origin Of Ragdoll Cats

The Ragdoll breed originated in Carifornia, USA during the 1960s. A breeder name Ann baker developed this breed by using a whote long - haired cat named Josaphine and several other cats with calm temperaments. Ann baker carefully selected cats woth gentle behavior , soft fur and attractive coloring to create the Ragdoll breed. Overtime , these cats became known for their relaxed attitude and affectionate personality. The breed agained recognition from cat associations in the following decades and slowly became popular worldwide. Today , Ragdolls are recognized by majpr cat organizations and are one of the most loved pedigree cat breeds. Their unique history makes them special among domestic cats.



Physical Apperaranace Of Ragdoll Cats

Ragdoll cats are known for their large size and elegant appearance. They have strong bodies, broad chests and long legs, giving them a majestic look. One of their most striking features is their deep blue eyes, which are always blue in purebred Ragdolls. Their fur is long, soft and silky, but it does not mat easily like other long-haired breeds. Ragdolls come in several colour patterns , including colorpoint, mitted and bicolor. Common colours include seal, blue, chocolate and lilac. Their fluffy tails and gentle facial expressions add to their charm, making them one of the most visually attractive cat breeds.



CHAPTER 4

Personlity And Temperament

Ragdoll cats are famous for their sweet , calm and loving pesonalities. They are extremey friendly and enjoy being held, cuddled, and carried. Unlikeany cats, Ragdoll rarely scratch or bite and are known for their gentle behaviour.

They are very social and form strong bonds with their owners. Ragdoll often greet their humans at the door and follow them from room to room.

They enjoy quiet environment and prefer peaceful homes. Because of their trusting nature, they are not aggressive get along with children and other pets. Their relaxed temperament makes them excellent indoor companions.



CHAPTER 5

Behavior & Social Nature

Ragdolls are highly social cats that thrive on human interaction. They dislike being left alone for long periods and enjoy spending time with their family members. These cats are known to adapt well to indoor living and enjoy playing gentle games rather than rough activities.

Ragdolls are intelligent and can learn simple tricks or respond to their names. They often choose a favourite person in the household and show strong loyalty. Their quiet voices and calm behaviour make them less noisy compared to other breeds. Overall Ragdolls are emotionally sensitive cats that need love, attention, and companionship to stay happy.



CHAPTER 6

Care & Grooming Needs

Although Ragdolls have long fur, they are surprisingly easy to groom. Their coats do not tangle easily, but brushing two to three times a week helps keep their fur clean and shiny.

Regular grooming also reduces shedding and hairballs. Ragdolls need clean ears, trimmed nails, and dental care to stay healthy. Bathing is not required often, but occasional bath can help maintain cleanliness. Since they are indoor cats, keeping their little box clean is important. Proper care and grooming not only improve their appearance but also strengthen the bond the cat and its owner.



CHAPTER 7

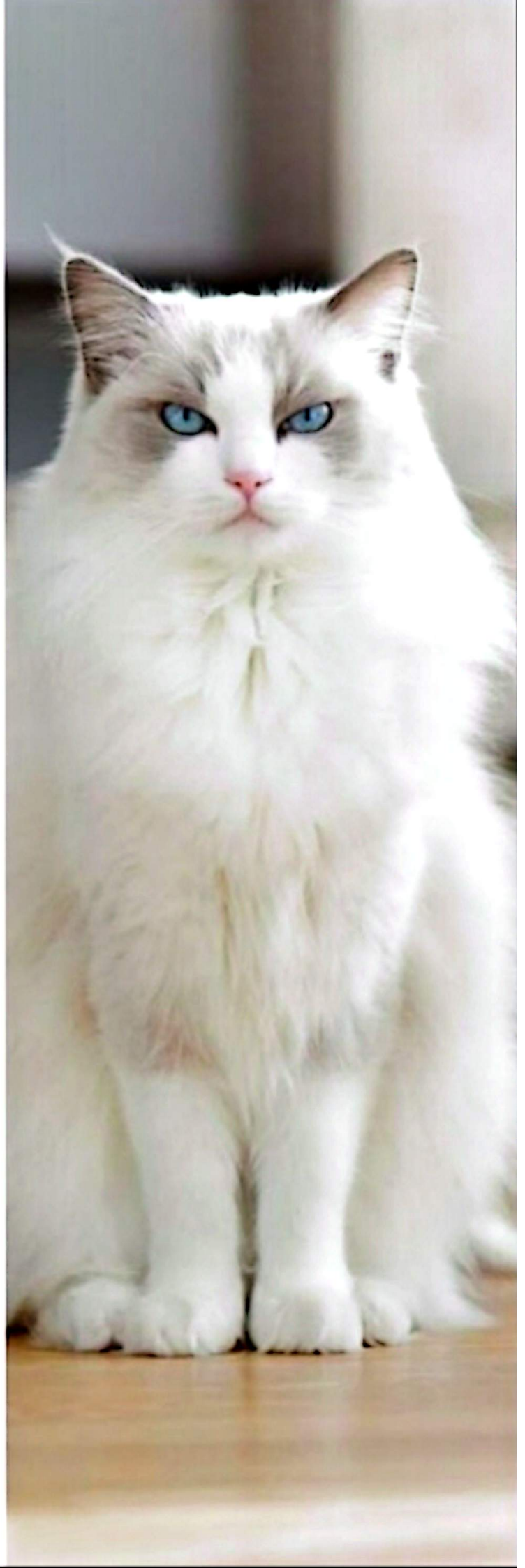
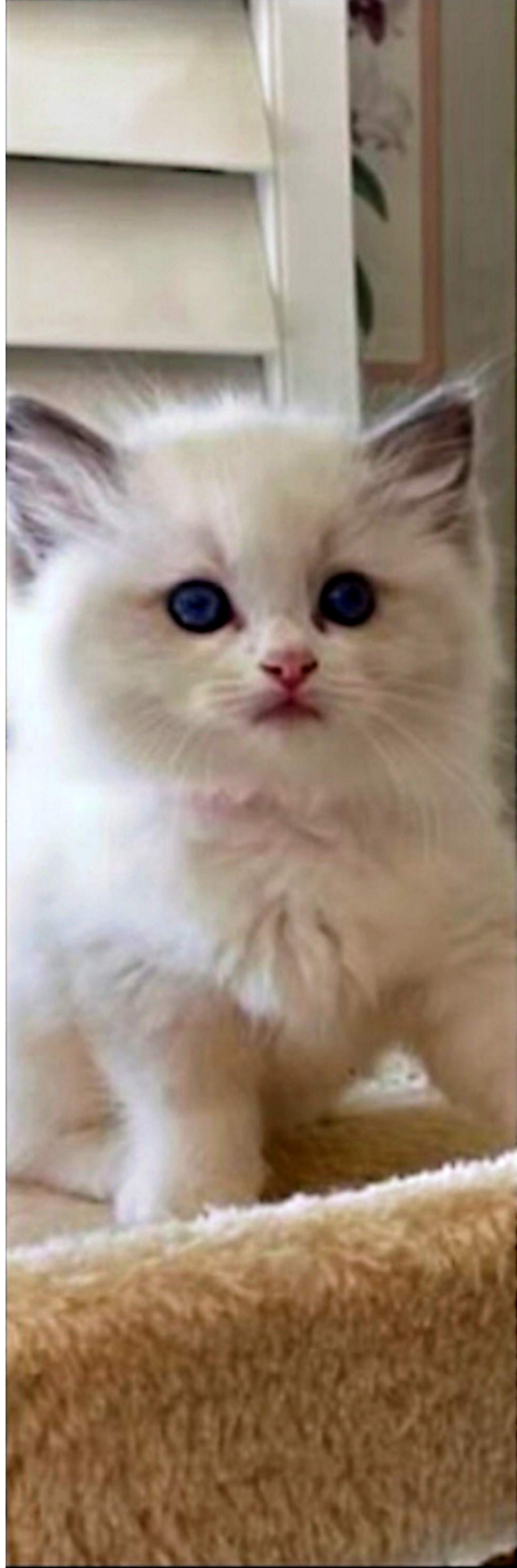
Diet & Nutrition

A balanced diet is essential for keeping Ragdoll cats healthy and strong. Because they are large cats, they need high - quality protein to support muscle development. Their diet should include a mix of dry and wet cat food to provide proper nutrition and hydration. Fresh water must always be available. Overfeeding should be avoided, as Ragdolls can gain weight easily due to their calm lifestyle. Treats should be given in moderation. Some Ragdolls may have sensitive stomachs, to it is important to choose food that suits them. A healthy diet helps maintain their energy, coat quality, and overall well being.



Health & Lifespan

Ragdoll cats are generally healthy, but like all breeds, they can be prone to certain genetic conditions. One common health issue is hypertrophic cardiomyopathy, a heart disease that affects some Ragdolls. Regular veterinary check-ups help detect health problems early. With proper care, Ragdolls usually live between 12 to 17 years. Vaccinations, parasite control, and a healthy lifestyle contribute to a long life. Because they are indoor cats, they are less exposed to dangers like traffic or wild animals. Responsible breeding and good healthcare ensure that Ragdolls remain healthy and happy throughout their lives.



CHAPTER 9

Ragdoll Cats As Family Pets

Ragdolls are excellent family pets due to their gentle and patient nature. They are especially good with children, as they tolerate handling and rarely become aggressive. Ragdolls also get along well with dogs and other cats, making them suitable for multi-pet households. Their calm behaviour makes them ideal for apartment living. They enjoy being part of family activities and often sit beside their owners quietly. Because of their trusting personality, they should be kept indoor for safety. Ragdolls bring warmth, comfort, and companionship to families, making them one of the best choices for a loving household pets.



CHAPTER 10

Conclusion & Importance Of Ragdoll Breed

The Ragdoll cat breed is a perfect combination of beauty, intelligence and affection. Their gentle temperament and loving nature make them special among cat breeds. Ragdolls are not just pets, they are loyal companions who form deep emotional bonds with their owners. Their easy-going personality makes them suitable for many types of homes. With proper care, love and attention, Ragdolls live happy and healthy lives. This breed teaches humans the value of calmness, trust and companionship. In conclusion, the Ragdoll cat is an ideal choice, for anyone looking for a peaceful, affectionate and devoted feline friend.





ISBN - 978-624-211-467-5



Afterword

With the approval of the Ministry of Education, this research-based project has empowered thousands of student authors for over ten years. Educationists recognize it as a program that significantly enhances the quality of school education.

In alignment with modern educational reforms, encouraging students to author a research work is a milestone in this journey. In this digital age of "Smart" technology, the modern school must demonstrate through research that books and technology should be used together. This is because the unique joy a child receives from a book cannot be replaced by anything else.

To prevent children from drifting away from books—which remain our primary educational tool and storehouse of human knowledge—Mahamaya Girls' College has spearheaded the "Hemamala Upahara" project for many years. Its primary objectives are to foster academic discipline, promote values, and pay tribute to Princess Hemamala, who fulfilled a historic mission to empower women.

We express our gratitude to the Principal, teachers, parents, alumni of Mahamaya Girls' College, representatives of other schools, the Diyawadana Nilame, and the staff of the Sri Dalada Maligawa (Temple of the Sacred Tooth Relic) for their support.

Seneviratne Mahalekam

(Project Creator)